

Our Lady of Mount Carmel
Catholic School Council 2022-2023

Meeting Minutes

January 17, 2023

6:00 – 7:00 p.m.

OLMC Library

Present: Josie Zuppa, Heather Quesnel, Natalie Nunn, Robin Spencer, Milena Debek, Luba Dobrianskyj, and Anne Simpson

Regrets: Verina Farrell, Melanie Riberio, and Ms. Treneer

Introductions: Heather Quesnel

Opening Prayer: Ms. Zuppa et al

Presentation of Agenda: Heather Quesnel

Approval of Minutes: Heather Quesnel

Meeting minutes approved from November 7, 2022.

Approved by Luba, Seconded by Natalie

Report of the Principal: Josie Zuppa

Anti Bullying Committee-

available online <https://olmc.hwcdsb.ca/school/bullyingpreventionintervention/?fileID=592260>

-the school welcomes any feedback or questions

-Ms. Zuppa is trained in teaching restorative practice. Highlighting the importance of being respectful

The following outlines areas are key strategies that the school community is working towards this year

- Children and youth
 - Involvement of children/youth in assessments of bullying and supportive relationships at school (Anonymous Bullying Reporting Too)
- School Staff
 - Active supervision focusing on specific proactive strategies and 'look-fors' on the yard while encouraging positive conflict resolution skills (i.e. Restorative Questioning, S.W.A.P. (Stop) (Walk away)(Ask a Person with authority))

- Teach students strategies for developing self-regulation skills and positive, healthy relationships (i.e. Zones of Regulation, Tools for Life, TRIBES, Restorative Practices)
- Classroom Strategies
 - Facilitate classroom-based learning activities that promote learning and understanding of:
 - The importance of positive relationships for learning and life
 - The definition of bullying
 - Differences between bullying and teasing, aggression and competition, aggression and assertiveness, telling and tattling
 - Social responsibilities and strategies for those who witness bullying
 - Empathy
 - Positive leadership and recognition
 - Expectations for a supportive learning environment, and positive class and school climate
 - OPHEA Health Schools, Healthy Community initiative
 - Recess Project Initiative-focus on building a strong school community through play
 - The recess Project for healthy schools has started Tuesday (first nutrition break) and Thursday (second nutrition break) where older students who are trained are organizing games/activities for younger children. It is going well

Upcoming Events

- Jan 23-26 book fair
- Jan 25 Bell Let's Talk Day - Support Mental Health
- Jan 26 Snuggle up and read/Pajama day
 - Wish list? Have older kids help younger kids
 - Volunteers?
- Feb 14 Valentines day- Children can wear red and white
- Feb 15 Grade 8 Boston pizza fundraiser to support Grade 8 trip- date to be confirmed
- Feb 17 - Report Cards
- Feb 22 Pink Shirt Day- anti-bullying
- Feb 22-April 2 Lent
- Feb 22 Ash Wednesday Liturgy- Children will receive Ashes
- French Cafe in May
- Awards ceremony to continue monthly
 - Slideshows a huge success

Student Clubs

School council has expressed that they would like more clubs.

It was put out to Staff. Difficult to get staff as most are already coaching, etc

To Date we have the following clubs starting/started

- Drawing (younger grades)
- Guitar

Looking at the following

- Chess (do we have the boards, etc?) Ms Zuppa to run, needs second teacher

Spirituality Committee

- Ms Zuppa, Heather, Melanie and others working with Father Mahoney and inviting him into the school
- Aware that there have been concerns in the school community
- Working on establishing a relationship
- Guiding/pre coaching and establishing terms
- Working on providing Liturgy only for k-2
- Mass with appropriate message for 3-8
- Talking about more school religious events, ie May Crowning

School Fundraiser-

With the money raised from school fundraiser (Halloween Dance-a-thon) the school has been able to do the following

- Purchase books highlighting diversity for the library
- Purchase Symphony and Lexia licenses

Talking about the remainder of funds- to go to a school activity

- Proposed x-movement
- This is a program that comes to the school and works with students during the course of 3 days using active movement and curriculum to explore diversity and social justice.
- Each class would get three workshops
- There would be a workshop in the evening for parents and children to participate in together
- Ms. Zuppa has applied for a grant from RNEF to see if a portion would be covered
- If not covered will use school fundraiser funds, and council could contribute
- Tentatively scheduled April 20

Report of Treasurer: Milena DeGroot

- Current Balance \$3635
- List of phys ed/recess equipment provided by the teachers. It will cost \$2417.83 + tax
- More soccer balls/nets to be added
 - OLMC Sports Equipment Wish List
 - 1. 2 Outdoor Soccer nets @ \$175.48 each. \$350.96

- 2. 10 Indoor Soccer balls @\$21.58 each. \$215.80
- 3. 5 Size 4 Soccer balls @ \$43.98. \$219.90
- 4. 1 Floor Hockey Package @\$159.28. \$159.28
- 5. 15 Floor Hockey Sticks @\$11.51 each. \$172.65
- 6. 20 Broom ball Sticks @ \$41.98 each. \$839.60
- 7. 2 Broom balls @\$26.98 each \$53.96
- 8. 12 Size 5 basketballs @\$11.68 each \$140.16
- 9. 20 Badminton racquets @\$9.88 each. \$197.60
- 10. 4 canisters of shuttlecocks @\$16.98 each. \$67.92
- Total: \$2417.83
- Approved \$3000 to spend on phys ed equipment from Council Fundraisers
- Some additional items might be added. Ie Flag football equipment for next year, Kin-ball

Fundraising Committee

- Upcoming silent auction
 - To set goal of \$3000 to cover aforementioned phys ed equipment
- Approval given via email to purchase
 - \$300 - Snacks for snuggle up and read approx.
 - \$400 to purchase thermal containers for Merry Making next year and any other events we might decide to run going forward.

Greening Committee: Luba Dobrianskyj

- \$1000 previously approved
 - - \$500 to purchase plants no labour for install and \$500 to weed/edge the gardens in Spring and before school starts in Fall
- Luba also asked if we would be interested in additional trees along the side of the school. We decided that we would take some time to review outside at a later date.

Fitness community event: Robin Spencer

As part of the OPHEA Health Schools, Healthy Community initiative Robin is looking to run a boot camp for grade 5-8. Tentative date is March 1st.

Report of the Chair: Heather Quesnel

- Working on a quote for Shrove Tuesday Pancake Day. Catering for whole school.
- Approval given via email to cover costs of pancake/supplies Tuesday approx cost \$1500

Adjournment: Heather Quesnel

Next Meeting - Wednesday February 15th